

Contents

| | |
|---|----|
| EXECUTIVE SUMMARY | 1 |
| 1 INTRODUCTION | 15 |
| Emphasis and Implicit Assumptions, 17 | |
| Related Efforts, 18 | |
| Study Process and Information Sources, 19 | |
| The Future Military, 20 | |
| 2 RISKS TO DEPLOYED FORCES | 21 |
| Infectious Diseases, 22 | |
| Non-Battle Injuries, 23 | |
| Psychological Stress, 25 | |
| Toxic Industrial Chemicals, 28 | |
| Chemical Weapons, 29 | |
| Biological Weapons, 29 | |
| Protective Medications, 30 | |
| Interactions, 30 | |
| 3 MEDICALLY UNEXPLAINED SYMPTOMS | 31 |
| Epidemiology, 32 | |
| Predisposing Factors, 34 | |
| Precipitating Factors, 37 | |
| Perpetuating Factors, 38 | |
| Prognostic Indicators, 39 | |
| 4 MEDICAL SURVEILLANCE | 41 |
| DoD Policies on Medical Surveillance, 43 | |

| | |
|----------|--|
| | Current Service Practices and Plans, 46 |
| | Findings and Recommendations, 66 |
| 5 | MEDICAL RECORD KEEPING..... 72 |
| | Information Needs of the Military Health System, 73 |
| | Major Information Systems Activities, 76 |
| | Information Systems Acquisition and Development Process, 85 |
| | Confidentiality of Health Information, 86 |
| | Summary, 87 |
| | Findings and Recommendations, 87 |
| 6 | PREVENTION MEASURES FOR DEPLOYED FORCES 92 |
| | Risk Communication, 92 |
| | Preventive Measures Before Deployment, 98 |
| | Preventive Measures During Deployment, 109 |
| | Preventive Measures After Deployment, 113 |
| | Findings and Recommendations, 117 |
| 7 | POSTDEPLOYMENT REINTEGRATION..... 121 |
| | Introduction, 121 |
| | Military Reunion and Reintegration Literature Review, 124 |
| | Programs to Assist Families and Service Members with Reintegration, 128 |
| | Findings and Recommendations, 134 |
| 8 | PROTECTING THE HEALTH OF THE RESERVE COMPONENT..... 137 |
| | Demographics and Health Issues, 138 |
| | Unique Circumstances, 141 |
| | Implementation of Report Recommendations, 143 |
| | Findings and Recommendations, 146 |
| | REFERENCES..... 147 |
| | APPENDIXES |
| A | Population and Need-Based Prevention of Unexplained Physical Symptoms in the Community, 173 |
| B | Statement of Task, 213 |
| C | Roster and Biographies of Study Team, 215 |
| D | Principal Investigators' and Advisors' Meeting Dates and Locations, 221 |
| E | Workshop Agendas, 222 |
| F | Commissioned Papers, 236 |
| G | Acknowledgments, 238 |
| H | Department of Defense Directive 6490.2: Joint Medical Surveillance, 245 |

- I** Department of Defense Instruction 6490.3, Implementation and Application of Joint Medical Surveillance for Deployments, 250
- J** Joint Chiefs of Staff Memorandum on Deployment Health Surveillance and Readiness, December 1998, 263

